



co-op of Madison
812 east Dayton suite 200



Special YCOM Workshop!

**What: 2-hour class with YCOM
instructor Faith Russell**

**When: Saturday, February 11
9:00 – 11:00 a.m.***

Special Topic: Opening the Hips.

**Participants should have a
minimum of 6-months experience
with Iyengar Yoga.**

**Fee: \$16 (\$13 for YCOM
members).**

Pre-registration is not required.

**Questions? Contact Faith Russell
faithrussell@charter.net
608-249-0640**

<http://www.yogacoop.com>

***Note: No regular Saturday
morning class on 2/11/12.**