



YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

2018 SPRING SCHEDULE

	Time	Class	Teacher	JANUARY-MAY
Sunday	8:15 – 9:45 AM	LEVEL 1 DROP-IN	Katie	New students welcome <i>No class Jan.14; Mar. 11; May 6</i>
	10:00 – 11:45 AM	LEVEL 2 DROP-IN	Katie	New students welcome <i>No class Jan.14; Mar. 11; May 6</i>
	4:30 – 6:00 PM	BASICS SERIES	Lisa	<i>March 18 – April 8; May 20 – June 10</i> Sign-up online
Monday	10:00 – 11:30 AM	GENTLE SERIES	Jill	<i>Jan. 22 – Feb. 26; Mar.12-Apr. 16; Apr. 23-June 4</i> Sign-up online
	12:00 – 1:30 PM	LEVEL 1-2 DROP-IN	Jill	New students welcome <i>No class March 5</i>
	5:30 – 7:00 PM	LEVEL 1-2 DROP-IN	Karan	New students welcome
Tuesday	5:30 - 7:00 PM	LEVEL 2 DROP-IN	Faith	New students welcome
	7:30 – 8:45 PM	BASICS SERIES	Sophie	<i>Jan. 23 – Feb. 13. Feb. 20 – Mar. 13 Mar. 20 – Apr. 10. Apr. 17 – May 8</i> Sign-up online
Wednesday	5:00 - 6:30 PM	LEVEL 1-2 DROP-IN	Katie	New students welcome
	7:00 - 8:30 PM	LEVEL 1 DROP-IN	Sophie	New students welcome
Thursday	11:00 AM - 12:15 PM	LEVEL 1 DROP-IN	Sophie	New students welcome
	5:30 - 7:00 PM	LEVEL 3 DROP-IN	Faith	New student? <i>Check with instructor</i>
	7:15 - 8:45 PM	GENTLE SERIES	Faith	<i>Jan. 4 - Feb. 8; Feb. 22 – Mar. 29; April 12 – May 17</i> Sign-up online
Saturday	9:00 – 10:30 AM	LEVEL 1 DROP-IN	Lisa	New students welcome <i>No class Jan.13; Mar. 10; May 5</i>
	10:45 – 11:45 AM	SUTRA DISCUSSION SERIES	Lisa & Faith	<i>Meets once a month: Jan. 20; Feb. 24; Mar. 24; Apr. 28; May 19</i> Sign-up online
	10:45 – 12:00	BASICS SERIES	Lisa	<i>January 27 – February 17</i> Sign-up online

WWW.YOGACOOP.COM

Check our online schedule for any class cancellation