



# YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

DEVOTED TO TEACHING CLASSICAL YOGA IN THE IYENGAR TRADITION

## 2019: JANUARY-MAY SCHEDULE

<b>Sunday</b>	8:30 – 9:45 AM	Basics <b>SERIES</b>	Katie	January 20 to February 24 <i>Sign-up online</i>
	10:00 – 11:45 AM	LEVEL 2 ~ <b>DROP-IN</b>	Katie	New students welcome
	4:00 – 5:30 PM	Basics <b>SERIES</b>	Lisa	February 3 to February 24 <i>Sign-up online</i>
<b>Monday</b>	10:00 – 11:30 AM	GENTLE ~ <b>DROP-IN</b>	Jill	New students welcome
	12:00 – 1:30 PM	LEVEL 2 ~ <b>DROP-IN</b>	Jill	New students welcome
	5:30 – 7:00 PM	LEVEL 1-2 ~ <b>DROP-IN</b>	Karan	New students welcome
	7:30 – 8:45 PM	BASICS <b>SERIES</b>	Karan	January 7 to January 28 <i>Sign-up online</i>
<b>Tuesday</b>	5:30 - 7:00 PM	LEVEL 2 ~ <b>DROP-IN</b>	Faith	New students welcome
<b>Wednesday</b>	5:00 - 6:30 PM	LEVEL 1-2 ~ <b>DROP-IN</b>	Katie	New students welcome
	7:00 - 8:30 PM	LEVEL 1 ~ <b>DROP-IN</b>	Sophie	New students welcome
<b>Thursday</b>	11:00 AM - 12:15 PM	LEVEL 1 ~ <b>DROP-IN</b>	Sophie	New students welcome
	5:30 – 7:00 PM	GENTLE <b>SERIES</b>	Faith	Jan. 3 to Feb. 7; Feb.21 to Mar.28; Apr. 4 to May 16. <i>Sign-up online</i>
	7:30 – 8:45 PM	BASICS <b>SERIES</b>	Sophie	Jan. 31 to Feb. 28; March 7 to 28; & April 18 to May 9 <i>Sign-up online</i>
<b>Friday</b>	4:30 - 6:00 PM	LEVEL 3 ~ <b>DROP-IN</b>	Faith	<i>If new student, check with instructor</i>
<b>Saturday</b>	9:00 – 10:30 AM	LEVEL 1 ~ <b>DROP-IN</b>	Lisa	New students welcome
	10:45am – 12:15pm	LEVEL 2 ~ <b>DROP-IN</b>	Staff	New students welcome

Check [YOGACOOP.COM](http://YOGACOOP.COM) for any last-minute class cancellation