



YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

DEVOTED TO TEACHING CLASSICAL YOGA IN THE IYENGAR TRADITION

2019: JANUARY-MAY SCHEDULE

Sunday	8:30 – 9:45 AM	Basics SERIES	Katie	January 20 to February 24 <i>Sign-up online</i>
	10:00 – 11:45 AM	LEVEL 2 ~ DROP-IN	Katie	New students welcome
	4:00 – 5:30 PM	Basics SERIES	Lisa	February 3 to February 24 <i>Sign-up online</i>
Monday	5:30 – 7:00 PM	LEVEL 1-2 ~ DROP-IN	Karan	New students welcome
	7:30 – 8:45 PM	BASICS SERIES	Karan	January 7 to January 28 <i>Sign-up online</i>
Tuesday	5:30 - 7:00 PM	LEVEL 2 ~ DROP-IN	Faith	New students welcome
Wednesday	9:00 – 10:30 AM	LEVEL 1 ~ DROP-IN	Jill Hilary	Until February 6 February 13 to May 29
	10:45 – Noon	BASICS SERIES	Hilary	February 20 to March 13 <i>Sign-up online</i>
	5:00 - 6:30 PM	LEVEL 1-2 ~ DROP-IN	Katie	New students welcome
	7:00 - 8:30 PM	LEVEL 1 ~ DROP-IN	Sophie	New students welcome
Thursday	11:00 - 12:15 PM	LEVEL 1 ~ DROP-IN	Sophie	New students welcome
	5:30 – 7:00 PM	GENTLE SERIES	Faith	Jan. 3 to Feb. 7; Feb.21 to Mar.28; Apr. 4 to May 16. <i>Sign-up online</i>
	7:30 – 8:45 PM	BASICS SERIES	Sophie	Jan. 31 to Feb. 28; March 7 to 28; & April 18 to May 9 <i>Sign-up online</i>
Friday	4:30 - 6:00 PM	LEVEL 3 ~ DROP-IN	Faith	<i>If new student, check with instructor</i>
Saturday	9:00 – 10:30 AM	LEVEL 1 ~ DROP-IN	Lisa	New students welcome
	10:45am – 12:15pm	LEVEL 2 ~ DROP-IN	Staff	New students welcome

Check YOGACOOP.COM for any last-minute class cancellation