



YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

DEVOTED TO TEACHING CLASSICAL YOGA IN THE IYENGAR TRADITION

SPRING 2019 SCHEDULE

Sunday	8:30 – 9:45 AM	LEVEL 1 ~ DROP-IN	Katie	New students welcome
	10:00 – 11:45 AM	LEVEL 2 ~ DROP-IN	Katie	New students welcome
Monday	5:30 – 7:00 PM	LEVEL 1-2 ~ DROP-IN	Karan	New students welcome
Tuesday	5:30 - 7:00 PM	LEVEL 2 ~ DROP-IN	Faith	New students welcome
	7:30 – 8:45 PM	BASICS SERIES	Sophie	<i>March 5 to March 26; & April 2 to April 23 Sign-up online</i>
Wednesday	5:00 - 6:30 PM	LEVEL 1-2 ~ DROP-IN	Katie	New students welcome
	7:00 - 8:30 PM	LEVEL 1 ~ DROP-IN	Sophie	New students welcome
Thursday	11:00 AM - 12:15 PM	LEVEL 1 ~ DROP-IN	Sophie	New students welcome
	5:30 – 7:00 PM	GENTLE SERIES	Faith & Lisa	<i>Feb.21 to March 28; & Apr. 4 to May 16. Sign-up online</i>
Friday	4:30 - 6:00 PM	LEVEL 3 ~ DROP-IN	Faith	<i>If new student, check with instructor</i>
Saturday	9:00 – 10:30 AM	LEVEL 1 ~ DROP-IN	Lisa	New students welcome
	10:45am – 12:15pm	LEVEL 2 ~ DROP-IN	Staff	New students welcome

Check YOGACOOP.COM for any last-minute class cancellation