



# YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

DEVOTED TO TEACHING CLASSICAL YOGA IN THE IYENGAR TRADITION

## SPRING 2019 SCHEDULE

<b>Sunday</b>	8:30 – 9:45 AM	LEVEL 1 ~ <b>DROP-IN</b>	Katie	New students welcome
	10:00 – 11:45 AM	LEVEL 2 ~ <b>DROP-IN</b>	Katie	New students welcome
<b>Monday</b>	5:30 – 7:00 PM	LEVEL 1-2 ~ <b>DROP-IN</b>	Karan	New students welcome
<b>Tuesday</b>	5:30 - 7:00 PM	LEVEL 2 ~ <b>DROP-IN</b>	Faith	New students welcome
	7:30 – 8:45 PM	<b>BASICS SERIES</b>	Sophie	<i>March 5 to March 26; &amp; April 2 to April 23 <b>Sign-up online</b></i>
<b>Wednesday</b>	5:00 - 6:30 PM	LEVEL 1-2 ~ <b>DROP-IN</b>	Katie	New students welcome
	7:00 - 8:30 PM	LEVEL 1 ~ <b>DROP-IN</b>	Sophie	New students welcome
<b>Thursday</b>	11:00 AM - 12:15 PM	LEVEL 1 ~ <b>DROP-IN</b>	Sophie	New students welcome
	5:30 – 7:00 PM	<b>GENTLE SERIES</b>	Faith & Lisa	<i>Feb.21 to March 28; &amp; Apr. 18 to May 23 <b>Sign-up online</b></i>
<b>Friday</b>	4:30 - 6:00 PM	LEVEL 3 ~ <b>DROP-IN</b>	Faith	<i>If new student, check with instructor</i>
<b>Saturday</b>	9:00 – 10:30 AM	LEVEL 1 ~ <b>DROP-IN</b>	Lisa	New students welcome
	10:45am – 12:15pm	LEVEL 2 ~ <b>DROP-IN</b>	Staff	New students welcome

Check [YOGACOOP.COM](http://YOGACOOP.COM) for any last-minute class cancellation