

## JANUARY – FEBRUARY 2022

VIRTUAL CLASSES CURRENTLY OFFERED	CONTACT INFORMATION
<b>Katie</b> -- Sunday 5:00 pm to 6:30 pm –All Levels <b>Katie</b> – Wednesday 5:00 pm to 6:30 pm – All Levels	<a href="mailto:catherinesveit@gmail.com">catherinesveit@gmail.com</a>
<b>Karan</b> – Monday 5:00 pm to 6:30 pm – All Levels	<a href="mailto:khase555@gmail.com">khase555@gmail.com</a>
<b>Faith</b> – Tuesday 5:30 pm to 7:00 pm – Level 2	<a href="mailto:faitherussell@gmail.com">faitherussell@gmail.com</a>
<b>Lisa</b> – Saturday 9:00 am to 10:15 am – Level 1	<a href="mailto:lisa@yogacoop.com">lisa@yogacoop.com</a>
<b>Sophie</b> – Wednesday 7:00 pm to 8:00 pm – Level 1 <b>Sophie</b> – Thursday 11:00 am to 12:00 pm – Level 1	<a href="mailto:yogacoop@yogacoop.com">yogacoop@yogacoop.com</a>