



YOGA CO-OP OF MADISON

812 E DAYTON ST MADISON, WI 53703

DEVOTED TO TEACHING CLASSICAL YOGA IN THE IYENGAR TRADITION

JAN-APRIL 2023 SCHEDULE

SIGN-UP @ YOGACOOP.COM FROM HOME OR IN THE STUDIO

Sunday	10:00 – 11:30 AM	ALL LEVELS	Katie	STUDIO
	5:00 - 6:30 PM	ALL LEVELS	Katie	ZOOM
Monday	6:00 – 7:15 PM	BASICS SERIES Jan. 9 to Jan 30 Feb 6 to Feb 27 Mar 6 to Apr 3 Apr 10 to May 1	Karan Sophie Katie Faith	STUDIO
Tuesday	10:00 -- 11:30 AM	ALL LEVELS	Katie	STUDIO
	5:30 – 7:00 PM	LEVEL 2	Faith	STUDIO & ZOOM
Wednesday	9:00 -- 10:15 AM	AGELESS SERIES Jan. 11 to Feb. 15 Feb 22 to Mar 29	Faith Faith	STUDIO
	5:00 – 6:30 PM	ALL LEVELS	Katie	STUDIO
	7:00 – 8:30 PM	LEVEL 1	Sophie	STUDIO
Thursday	11:00 AM – 12:15 PM	LEVEL 1	Sophie	STUDIO
	5:30 – 7:00 PM	ALL LEVELS	Karan	STUDIO & ZOOM
Saturday	9:00 – 10:30 AM	LEVEL 1	Lisa	STUDIO & ZOOM

Check YOGACOOP.COM for any last-minute class cancellation